

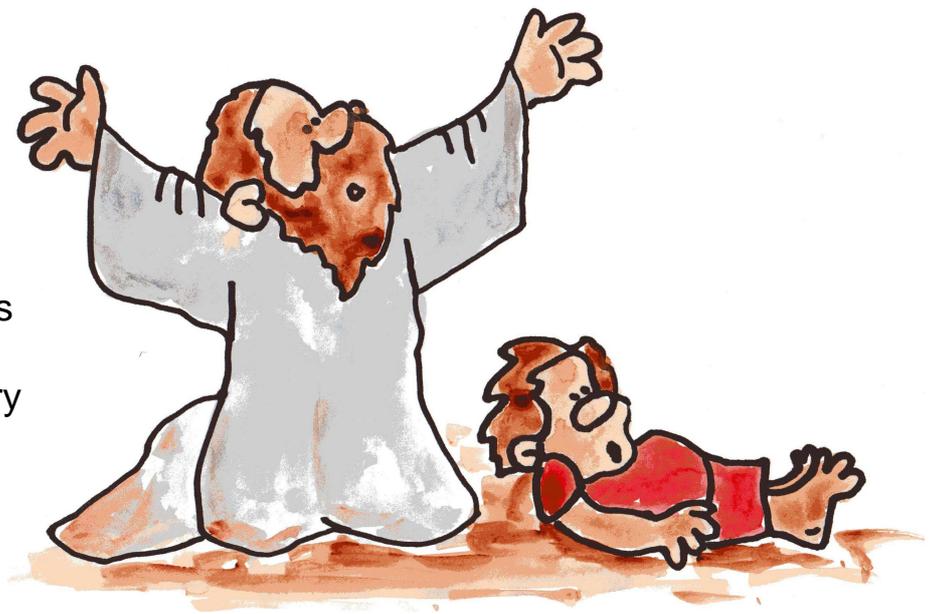
# A scary story?

“My big brother is always trying to scare me with stories about monsters,” confessed Grace. “Mum tells me they aren’t real, but he makes them sound so horrible that sometimes I find it hard to believe her and trust what she says.” “You can trust your mum, “ Lucy assured her, “but you can trust Jesus even more.”

## Listen to God

### Mark 9:14-29

After a wonderful experience on the mountain, Jesus and his disciples met a boy who was being controlled by a very scary evil spirit. The boy’s father couldn’t free his son. The disciples couldn’t either. Only Jesus could.



When you have a problem that seems too hard or too scary, remember to bring it to Jesus and have faith in him. It doesn’t matter how much or how little faith we have. The boy’s father admitted he had hardly any faith. It only matters who our faith is in - JESUS. Jesus has power over every thing, even demons and evil spirits.  
(see snack pack called “Free at last”.)

**To do:** Find 2 large empty plastic drink bottles. Leave the lid on one and take the lid off the other. Lie them on their side and hit each bottle with your fist. The bottles represent us, the lid represents Jesus, our fist represents all our fears. Which bottle crumpled and why?

## Talk to God!



Dear Jesus, thank you that I can tell you about anything, no matter how scary. I know I can trust you to protect me. Please help me overcome my fears.

The lid locks air inside. This keeps the bottle from being pushed in. Having Jesus with us keeps us from being “pushed in”.